

Lane ESD's insurance carrier is now allowing limited use of Mini-Tramps in Lane ESD classrooms in accordance with the attached "Guidelines for the Use of Mini-Trampolines in the Classroom". Mini-Tramps may **only** be used under these conditions and the attached recommendation form must be signed by a student's School-Based Physical or Occupational Therapist and kept in the classroom and in the student's file.

Teachers - please brief your classroom assistants on this procedure and make a note of it in your Substitute folders.

Guidelines for Use of Mini-Trampolines in the Classroom

Mini-trampolines are to be used ONLY by students for whom a school-based physical or occupational therapist has made the recommendation. There must be written instructions (see below) provided by the physical or occupational therapist. Qualifying students may use the mini-trampoline only when DIRECTLY supervised by the therapist, the student's teacher, or a classroom educational assistant.

Mini-trampolines may NOT be used:

1. By a student who does not have a written plan
2. By a student when not directly supervised
3. By any student or staff for recreational purposes (i.e. acrobatics)

Therapist's Recommendations for Mini-Trampoline Use

Student's Name

Location of Trampoline

Date

Teacher's Name

I recommend this student use the mini-trampoline for the following benefits:

Improve muscle tone
Increase alertness
Improved muscle strength
Improve motor coordination

As a calming strategy
As a sensory break
Improve cardiovascular endurance

Frequency: _____
(e.g., daily, 3X day)

Duration: _____
(e.g., 5 min., "no more than 10 min. at a time")

Additional Instructions:

(e.g., Student holds on to safety bar, two foot jumping only)

Therapist's Printed Name

Therapist's Signature/credentials